

Job Description:

Mind Body Co-op (MBC) is a multidisciplinary group practice with an immediate part-time position for licensed psychotherapist in our Loop office. The position has significant growth potential starting at up to 15 client hours per week primarily in evenings, Saturday & Sunday (some daytime availability).

Mind Body Co-op provides insight oriented individual and group psychotherapeutic services for a range of issues directly related to traumatic stress (including childhood sexual abuse, physical abuse, neglect and other parental or caretaker abuse, sexual assault, PTSD, dissociative disorders, etc.), as well as relationship struggles, somatic disorders, marital & divorce issues, self-harm, chronic pain, suicidal ideation, eating disorders, chemical as well as process addictions, anxiety, depression, attachment/family of origin issues, LGBTQ relationships and issues related to grief & loss. We have a solid referral base that recognizes our unique approach to helping clients heal emotionally, cognitively and physically from the symptoms of psychological stress, trauma and addiction.

Psychotherapist Requirements:

1. Clinician must be fully licensed (LMFT, LCPC, LCSW, Licensed Clinical Psychologist, C-IAYT) or nearing full licensure (within the next 3-6 months). Clinician would start with a small caseload and gradually develop to part or full time (12-25 treatment hours). Certified Group Psychotherapist preferred, but can apply after joining our team.
2. Multicultural sensitivity and competence is required to deliver quality treatment to our culturally, ethnically and socioeconomically diverse client population. Applicants who speak a second language encouraged to apply.

3. The ideal candidate will have some experience competence in DBT (or ACT), EMDR, meditation/mindfulness, and various forms of integrative therapies, including 12-step recovery experience and group psychotherapy. Willingness work with and collaborate with our somatic team, which includes a Rieki Master, NIA instructor, Somatic Therapists, Postural Analyst, Music Therapist, Yoga Therapist, Canine Assisted Therapist and Nutritionist is necessary.
4. Therapists in the practice are encouraged to pursue their own unique interests, populations, and specialties, but are all required to have a dedication to and experience with treating trauma survivors, addiction and eating disorders from a wholistic perspective. Therapists must be committed to the following core values of the practice:
 - Trauma Centered – The clinician must have a basic therapeutic framework and foundation for treating survivors. With the understanding that clinicians are always deepening their skills and knowledge, candidates must at least have previous field experience in treating traumatic stress. The clinician must be trauma informed and open to discussing and exploring the client-therapist relationship.
 - Emphasis on Community and Consultation – Therapists at MBC meet weekly (Tuesdays 1:00-3:00pm), for group consultation, addressing both casework and personal & professional development. Weekly attendance is required. In addition, therapists are required to attend quarterly marketing and professional development meetings led by the practice.
 - External Professional Engagement – Therapists are expected to collaborate and network with external professionals to provide holistic treatment and to maintain connections with the larger healing community. Therapists will occasionally attend outside events and meet with outside referral sources both individually and as a group.

- Wounded Healer Philosophy of our work as therapists. A strong belief at MBC is that we, as therapists, engage in the work that we ask of our patients. This includes the willingness to engage in our own individual psychological work, If we facilitate a group, then we are a member of a group, etc. Supporting others requires support for ourselves. This is not a requirement, but highly recommended.

4. Candidates should reserve a minimum of 8-10 hours of time per week for shifts at MBC. Caseloads will start small with the opportunity to grow into full time positions. Therapists need to be comfortable facilitating long-term insight oriented group psychotherapy, either individually or in a in a co-facilitating pair. Therapists may not work in other groups or private practices but may work in other therapeutic settings as they build their caseload.

5. Therapists must complete and manage electronic notes, submit billing, and scheduling within 3 days of the appointment session.

Benefits:

- Access to peer consultation and mentoring
- Professional Billing service who manages all billing functions at MBC
- Safe and Secure office building with security
- Referrals and marketing that help build your caseload
- Freedom to develop your own groups, workshops, outside teaching/ consulting, or other initiatives that the practice will help promote
- Support to help with growth and identity as a therapist in private practice
- A supportive environment that values self-care and collaboration

- You are encouraged to build a caseload that is manageable; that you enjoy and that is most authentic to you.
- Beautiful, and unique office space in downtown Chicago. Easily accessible by numerous buses, trains, and nearby parking. Other expenses are also covered by the practice.
- Compensation is competitive and commensurate with experience
- A desire to have fun, practice self care, engage in self-reflection and work without resentment is highly desirable.

Still Interested?

Please send your CV and cover letter to Kellie Rice at kellie@mindbodycoop.com. Please discuss your definition and understanding of being trauma informed, what being a trauma therapist means to you (your experiences and identity as a trauma therapist, challenges, strengths), and the potential experiences that both excite and challenge you about working in group practice. We are very interested in qualified candidates that are open about their personal and professional experience and that have a strong desire to provide high quality treatment to trauma survivors and those recovering from eating disorders and addiction.

Mind Body Co-op does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its services or activities. We maintain an environment that values the inherent worth and dignity of every person while working to foster tolerance, sensitivity, understanding and mutual respect. Further, Mind Body Co-op encourages each individual to strive to reach his or her own full potential.